



## **Basic Work at Height**

Course Reference: BWAH/003/SFB

**What's the course all about?** This basic working at height safety training course is specifically designed for anyone whose job requires them to work at height, and which involves them using the necessary height safety equipment to do this work safely.

**What will I learn?** You will learn what is required from you, your employers and others with regards to safety when working at height

**Exactly What Will I Do?** At the end of the course, delegates will have covered the following:

- Health and Safety law and Working at Height Regulations
- Duties of the employer and employee
- Defining 'Working at Height'
- Safe use of equipment – ladders, steps, towers, MEWPS, scaffolds etc.
- Risk assessments
- Inspecting equipment

**Who should attend?** Anyone who works at height, supervisors and managers.

**Student Requirements:** No previous training required

**How long will it last?** Half Day

**How many will be there?** Maximum of 12

**Do I get anything to take away?** On completion of the course delegates will receive a Certificate of Attendance, valid for 2 years.

**What other courses can I do after this one:** This really depends on you and your organisation, so why not talk to us to see where else we can help.



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**Where and When?** We can run the course at your premises specifically for you and your team, or if you would rather use our facilities at Safety for Business that can be arranged.

**What about Food and Drink?** Refreshments are provided but as it is only half day, we are sorry to say but lunch is not included.

**What's it going to cost me?** Individual costs at our training facility are £85 + VAT.

In-house training £425 per half day and £525 for two session in one day, travel and VAT will be added to the price.

**What do I do now?**

Contact us 01462 418000 , or;

E-mail us at [kate@safetyforbusiness.co.uk](mailto:kate@safetyforbusiness.co.uk)